

BBF Craft Pack

For Mood Dolls

buddy bag
foundation
making a difference to children in emergency care



Knitted Mood Doll Project





The Buddy Bag Foundation Craft Pack

Get involved and get creative

Become a volunteer and make a real difference

Our volunteers come from all walks of life and a variety of backgrounds and so every one has different skills, experiences and networks who may be able to help us.

Whether your donation is time, money or skills, every single contribution of any kind is appreciated by the foundation.

The rewards of volunteering

- Gain confidence
- Make a difference
- Meet people
- Be part of a community
- Learn new skills
- Take on a challenge
- Have fun!



Giving your time is wonderfully rewarding

Volunteering can help you gain confidence by giving you the chance to try something new and build a real sense of achievement. Helping The Buddy Bag Foundation with your creative skills gives you a purpose and a project which brings joy to the lives of the children in emergency care who receive them.

This Crafter's pack is especially for knitting the Mood Dolls.

All of the items you lovingly create will go inside the Buddy Bags for the children. Once you have made your item, you will find instructions at the end of this guide so you know what to do next and where to send your creations.

Thank you for making a difference.



Karen

Karen Williams, OBE
Founder of The Buddy Bag Foundation



We attach our knitted tag to all our knitted toys



Mood Doll

Materials for Mood Doll Pattern

- Size 9 and 7 needles
- Double knitting wool
- (100g ball of wool will do 2 dolls)
- A = off white for face and hands
- B = bright colour for happy doll
- C = darker colour for sad doll
- Oddments of black, brown or gold for hair
- White for picot edge



Abbreviations

yo- yarn over needle

tog- together

pssso - pass slip stitch over

ssk - slip 1st stitch to the right hand needle, repeat with next stitch, insert left hand needle into the front loops of these sts (left to right) and knit the 2 slipped stitches together.

Head

With size 3.75 mm (No 9) needles, cast on 4 sts with A

1st row increase into each stitch - 8 sts.

2nd row purl

3rd row increase into each stitch - 16 sts

4th row purl

5th row (K1, inc in next stitch) 8 times - 24 sts

6th row purl

7th row (K2, inc in next stitch) 8 times - 32 sts

8th row purl

9th row (K3, inc in next stitch). 8 times - 40 sts.

10th row purl

Stocking stitch for 12 rows (4cm) for face

Shape shoulders

1st row (K6, K2tog) 5 times, - 35 sts.

2nd row purl

3rd row (K5, K2tog) 5 times - 30 sts.

4th row purl

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Body

1st row (Inc in next stitch k4) 6 times - 36 sts

2nd row purl

3rd row (inc in next stitch k5) 6 times- 42 sts

4th row purl.

Break off A with B stocking stitch 16 rows (5cm)

Break off B join in C, stocking stitch 16 rows (5cm)

Shape shoulders

Break off C and join in A (for 2nd head and shoulders)

Knit 1 row, purl 1 row

1st row (K2tog, k5)6 times- 36 sts.

2nd row purl

3rd row (K2tog, k4 6 times- 30 sts.

4th row purl

Head

1. (Inc in next st, k5) 5 times - 35 sts

2. Purl

3. (Inc in next st, k6) 5 times - 40 sts.

4. Purl

Stocking stitch 12 rows (4cm) for face

Shape top of opposite head

1. (K3, K2tog) 8 times-32 sts

2. Purl

3. (K2,k2 tog) 8 times - 24 sts

4. Purl

5. (K1, K2tog) 8 times- 16 sts.

6. Purl

7. (K2 tog) 8 times - 8 sts.

Break off yarn, thread yarn through 8 sts draw up and sew up head.

Sew up one body and opposite head leaving other body open to enable stuffing.

Stuff body and heads closing remainder of body with mattress stitch and put the sewing upseam down the side.





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Thread yarn round neck (4 rows up from dress top) and pull up to make head. (Do this twice).

Arms

Cast on 14 stitches and SS 14 rows in B body colour (2). Join in face/hand colour A and SS4 rows.

Next row K2 tog 7 times, break off yarn, thread through 7 stitches, draw up and sew up arm.

Repeat in colour C for arms for opposite doll.

Stuff arms and sew cast on edge to body just below the neck.

Hair

Using size 4.5mm (7) and hair colour cast on 15sts.

1st row- cast off 4sts knit until 3sts remain. turn

2nd row- knit 8.

3rd row- (k1, p1, k1 all in next stitch) twice, k3, turn.

4th row- knit 9.

5th and 6th rows knit.

Repeat last 6 rows 11 times more.

Cast off knit wise.

Break off yarn leaving a long end. Thread along hair and draw up tightly and fasten securely for top of head. Sew cast on and cast off edges together for centre back seam.

Using 6 strands 30.5 cm long, pull through curl at side, fold in half making 12 strands. divide into 3 groups of 4 and plait, knotting the ends together. Finish with contrast bow.

Repeat other side.

Collar

With 3.75 mm needles and matching yarn to body colours, cast on 3 sts

1st row- k1,(yo) twice, k2.

2nd row- k1, p1, to end of row. (5sts)

3rd row - knit

4th row - cast off 2sts, knit to end.

Repeat 13 times (20.5 cm) ending with casting off 4th row.

Gather slightly to fit round top of dress as a collar.



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Skirt with leaf pattern. (Plain skirt on last page).

With 4mm size 7 needles and cast on 42 sts in first skirt colour.(B)

1st row (right side). *p1 (k1,yo) twice, k1,p2 rep. From * to end of row. 56sts.

2nd row *k2,p5,k1, repeat from * to end of row.

3rd row *p1, k2, yo,k1, yo, k2, p2, repeat from* to end of row.70sts.

4th row* k2, p7, k1, repeat from* to end of row.

5th row *k2tog, k2, yo, k1, yo, k2, ssk, p1 repeat from* to end of row.

6th row *k1, p9, rep from * to end of row.

7th row *k4, yo, k1, yo, k4, p1 repeat from* to end of row.

8th row *k1, p11, repeat from *to end of row.

9th row *k2tog, k3, yo, k1, yo, k3, ssk, p1, repeat to end of row.

10th row - as 8th row.

11th and 12th rows - knit all knit sts and purl all purl sts as they appear.

13th row *k1, yo, ssk, k5, k2tog, yo, k2, rep. From *to end of row.

14th and alt. Rows - purl.

15th row *k2, yo, ssk, k3, k2tog, yo, k3, rep from *to end of row.

17th row *k3, yo, ssk, k1, k2tog, yo, k4, rep from * to end of row.

19th row *k4, yo,sl 1, k2tog, pssso, yo, k5 rep from* to end of row.

Beginning with a purl row stocking stitch till work measures 10cm from beg.
(Approximately 14 rows after leaf design).

Ending after a knit row.

Next row knit.

Break off colour wool and join in white and work 4 rows in st-st.

Picot row

K1, *k2tog, yo, rep from* till last stitch, k1.

Beg with a purl row, st-st 3 rows.

Change to second skirt colour (C) and knit 2 rows.

Stocking stitch 4 rows Knit 2 rows of pattern as follows.

Join in contrast colour (B).

Mood Doll

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Row 1. With right side facing purl 1, slip 1 purlways, repeat to end.

Row 2. K1,p1 (the knit stitch is the slipped stitch done on the previous row.)

Change back to main skirt colour and knit 4 rows.

Repeat these 6 rows twice.

Continue in st-st and colour C until 26 rows have been worked. Decrease to waist as follows.

*k2, k2tog, k2, rep to end. 70sts Purl

*k2, K2tog, k1 rep to end. 56sts. Purl.

*k1, K2tog, k1 rep to end. 42sts Purl.

Cast off.

To make up

Sew back seam.

Fold skirt in half along picot edge.

Sew skirt to body matching colours of body along colour changing line.

Face

Embroider two round eyes in black and a smiley mouth on one and a sad mouth on the other (See pictures).



Mood Doll

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Alternative skirt (without leaf design)

With size 4mm (7) cast on 42 stitches

1st row - k1, Inc. in next stitch, k1, repeat to end. 56 stitches

2nd row - purl

3rd row- k2, Inc. in next stitch, k1, repeat to end. 70 stitches

4th row - purl

5th row - k2, Inc. in next stitch, k2, repeat to end. 84 stitches

6th row - purl.

Continue in stocking stitch for 26 rows ending with a knit row. (Put in stripes or whatever pattern you wish in these 26 rows.

Knit next 1 row (For ridge)

Change to white and st-st 4 rows

Picot row K1, *k2 tog, yo, rep from * till last stitch, k1. Beg. with a purl row, st-st 3 rows. Change to second skirt colour (C) and knit 2 rows. Continue second side skirt as previously.





Where to send your creations

Once you have finished your creation, then please package it up and send it to:

Buddy Bag Foundation
c/o Cookes Storage
Unit 16 Maybrook Road
Maybrook Business Park
Minworth
Sutton Coldfield
B76 1AL

Please include your full name, address and email address.



**Thank you for all of our talented knitters
for making a difference to children in
emergency care.**



Karen

Karen Williams, OBE
Co-Founder and CEO