

# BBF Child's Knitted Blanket

**buddy bag  
foundation**  
making a difference to children in emergency care



Child's Knitted Blanket Pattern





# The Buddy Bag Foundation Blanket Project

## Get involved and get creative

### Become a volunteer and make a real difference

Our volunteers come from all walks of life and a variety of backgrounds and so every one has different skills, experiences and networks who may be able to help us.

Whether your donation is time, money or skills, every single contribution of any kind is appreciated by the foundation.

### The rewards of volunteering

- Gain confidence
- Make a difference
- Meet people
- Be part of a community
- Learn new skills
- Take on a challenge
- Have fun!



Helping The Buddy Bag Foundation with your creative skills gives you a purpose and a project which brings joy to the lives of the children in emergency care who receive them.

### Additional Resources

Please also see our Crafter's Pack for other knitting projects, you will find a variety of different knitting patterns, all donated by our talented knitters with a choice of items you can knit. Download the pack at our website:

<https://buddybagfoundation.co.uk/bbf-resource-centre/#downloads>

In addition, if you like to sew, there is a drawstring toiletry bag pattern.



*Karen*

**Karen Williams, OBE**  
**Founder of The Buddy Bag Foundation**



<https://buddybagfoundation.co.uk>



<https://twitter.com/buddybagsuk>



<https://www.youtube.com/@buddybagfoundation>



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<https://www.linkedin.com/in/karenswilliams/>



<https://www.instagram.com/buddybagfoundationofficial/>



## Knitting for Buddy Bag Foundation

Knitting a child's blanket for the Buddy Bag Foundation isn't just about crafting a blanket—it's about **creating comfort, joy and security for children** in emergency care. The love and effort that crafters put into these blankets makes a real difference, bringing warmth to children facing challenging situations.

However, there is one thing we need all our knitters to do and that all knitted items should be made in **bright gender-neutral colours**. *But what does that mean exactly? And does it limit creativity?* Absolutely not!



When we say gender-neutral, we mean **using colours and patterns that are suitable for any child, regardless of gender or age**. This doesn't mean dull, bland, or boring colours! It actually encourages the use of bright, fun, and cheerful shades—**think rainbow hues, lively greens, vibrant oranges, and warm yellows**. The idea is to ensure that every blanket can bring happiness and comfort to any child without assumptions based on gender norms.

The request for gender-neutral colours is simply about expanding accessibility—by avoiding pink-for-girls and blue-for-boys assumptions, we make sure that **every blanket is suitable for every child**.

**We accept all patterns, knitted and crochet in all neutral colours as long as approximately 33-36" square.**



## KNITTED BLANKET PATTERN 1

Inspired by a pattern by lulupattern

**SKILL LEVEL:** Easy/Beginner

**TECHNIQUES:** Knit Flat (Back & Forth)

### ONE SIZE

#### YOU WILL NEED:

1. Yarn weight - DK double knitting. You can use any yarn suitable for needle size 5mm, i.e. Drops Nepal, Drops Big Merino, Drops Paris, Gazzal XL baby wool - Weight/yardage: 1.8 oz (50 g) = approx 82 yds (75 m)
2. Straight or Circular needles size 5 mm/ US 8 / UK 6
3. Row Counter
4. Tapestry Needle
5. Scissors

**GAUGE:** 10\*10cm (4"\*4") =17sts\*22rows

#### NOTES:

sts - stitches K – knit; P – purl RS – right side; WS – wrong side





## KNITTED BLANKET PATTERN 1

(knit flat): Cast on 131 sts.

Bottom Border: knit back and forth 9 rows to create a garter st border

( 1-9 Row: Knit all; K 131)

### THE MAIN PATTERN

1 Row (WS): K6, \*(P4, K1)\* repeat from \*(-)\*until 10 sts left, P4, K6;

2 Row (RS): Knit all;

3 Row (WS): K6, P4, \*(K6, P4)\* repeat from \*(-)\*until 11 sts left K11;

4 Row (RS): Knit all;

5 Row (WS): K6, P4, \*(K6, P4)\* repeat from \*(-)\*until 11 sts left K11;

6 Row (RS): Knit all;

7 Row (WS): K6, P4, \*(K6, P4)\* repeat from \*(-)\*until 11 sts left K11;

8 Row (RS): Knit all;

9 Row (WS): K6, \*(P4, K1)\* repeat from \*(-)\*until 10 sts left, P4, K6;

10 Row (RS): Knit all;

11 Row (WS): K11, P4 \*( K6, P4 )\* repeat from \*(-)\*until 6 sts left K6;

12 Row (RS): Knit all;

13 Row (WS): K11, P4 \*( K6, P4 )\* repeat from \*(-)\*until 6 sts left K6;

14 Row (RS): Knit all;

15 Row (WS): K11, P4 \*( K6, P4 )\* repeat from \*(-)\*until 6 sts left K6;

16 Row (RS): Knit all;

Repeat Rows ( 1- 16 ) 9 more times (or until your blanket is the length you desire).

Top Border: starting on the wrong side knit 8 rows to create a garter st border.

Bind off.



## KNITTED BLANKET PATTERN 1

### SIZE

#### Width:

For the child's blanket of 84 cm/33.07" - cast on 131 sts

**Length:** repeat the main pattern rows 1-16 (the main pattern) and repeat until your blanket is square or a little longer than it's width.

Always end after completing a row 16.

### REQUIREMENTS:

For the child's blanket of 84 cm/33.07" - 50gr /1.8oz\* 10 skeins or 100gr/3.6oz \*5 skeins / about 750m or 820 yds

Always have one spare ball of thread.

### BLOCKING:

To get your blanket into the perfect shape it is advisable to block it once it is finished. To do this, follow the steps below:

Dampen the blanket with a spray bottle.

Lay the blanket on a padded surface and pin in place. Place the iron at a distance of 3 to 5 cm and pass the steam over it for a few seconds.

Do not iron the blanket, just expose it to the steam. Allow the blanket to set with the pins in place. You must allow time for it to dry completely before removing the pins.

Every knitter has a slightly different tension when they knit. If your tension is not the same as quoted in the instructions, then your complete garment will be either bigger or smaller than measurements stated. When you're making a blanket then the tension isn't as crucial.



## KNITTED BLANKET PATTERN 2

5 x 100 gram balls of double knitting wool.

1 pair of size 4.00 mm (No 8) knitting needles (long)

### The Size

Approx. Size 33 inches (84 cm) wide. Length as required (at least 36 inches).

### Blanket pattern

K - knit. P - purl.

Tension: 20 stitches x 30 rows = 4 x 4" (10 x 10 cm)

Cast on 170 stitches

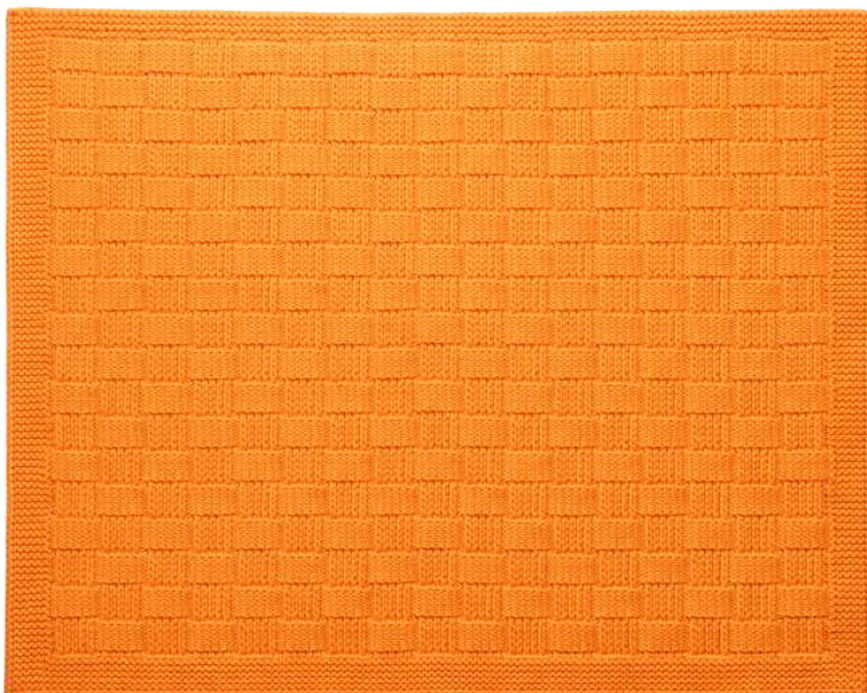
Rows 1 to 5 knit ( for border)

Row 6 Knit

Row 7 Knit 5. Purl to last 5 stitches. Knit 5.

Row 8 Knit 5. \*P2, K1\* to last 5 stitches. Knit 5.

Row 9 Knit 5. \*K2, P1\* to last 5 stitches. Knit 5.



## KNITTED BLANKET PATTERN 2

Repeat pattern rows 6-9 (the Main Pattern) until required length is achieved then knit 5 rows (for border).

Cast off.

The blanket can also be knitted completely in garter stitch (every row knit) or using your own pattern.

Also small left-over balls of double knitting wool could be used to create a colourful striped blanket.





## Where to Send Your Creations

Once you have finished your creation, then please package it up and send it to:

Buddy Bag Foundation  
c/o Cookes Storage  
Unit 16 Maybrook Road  
Maybrook Business Park  
Minworth  
Sutton Coldfield  
B76 1AL

**Please include your full name, address and email address.**



**Karen Williams**  
**Co-Founder and CEO**

**Thank you to all our talented knitters for making  
a difference to children in emergency care.**